



Assalaamu'alaikum wa Rahmatullahi wa Barakaatuh,  
On the home straight to the end of a hectic but exciting 2017-18 academic school year, our expert student writers look back at this terms news. Sweltering summer heat and the crisp summer sunshine, what a time to take a break for a well deserved rest for students and staff at Lantern of Knowledge School!

## Students Shine on Summer Sports DAY

« All in all it was a brilliant way to wrap up the school year on a positive note »

**A**s the academic school year came to a close, Lantern of Knowledge School held their annual sports day from Years 7-10.

The students always heavily anticipate the forthcoming joyous occasion as it brings a sense of healthy competition within the school community.

Alhamdulillah the sun was shining and the whole day was a huge success with some amazing individual results and performances.

All the pupils were allocated a country to represent (Brazil, Great Britain, Spain) lead by captains Omar J., Eisa V. and Abdullah A. The games got going and you could see everyone trying their best for those vital few extra points.

Altogether there was four sports taking place: football, long jump, running and discus. All the games ran smoothly however there was some very questionable bowling from Sir Ibrahim in cricket! The climax of the sports game was the running where the most points was up for grabs. The 100 meters race was expertly won by Eisa V. which left Yusuf M. limping with a slight left leg injury. The 400 meters race was up next which saw Omaar J. give his upmost effort but his best shot was to no avail as Abdullah A. took the number 1 lane and the number 1 spot.

To add the icing to the cake the pupils was provided with lunch of pizza and chips with chicken wings and a drink which rounded of an eventful day. Where praise is due praise, praise should be given, so a massive shoutout to our teachers in particular Moulana Habeel for giving us the cheeky vimto ice lollies. All in all it was a brilliant way to wrap up the school year on a positive note.

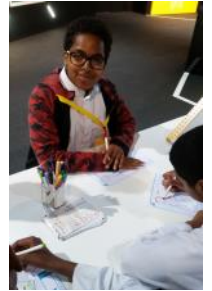
by Abdihafid A. (Yr 10)



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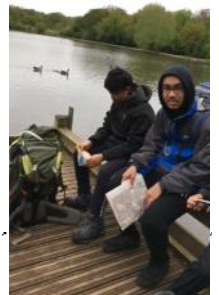
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Students of Lantern of Knowledge, Years 7-9 visited a special science exhibition and explored amazing technology.



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Year 10 students go on an adventure and discover the Great British outdoors and what it's really about!



Be Safe Online!..... pg 2

Teenagers spend an average of four hours everyday online! Students benefit from a guest teachers double lesson on how to stay safe online!



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"At first, I was kind of in doubt of going on Swarm but thanks to the support of the teachers, I fought my fears and made my way onto it."



Summer Sessions at Salaam Peace.....pg 4

Salaam Peace are offering a number of fun and exciting sport sessions for young people this Summer 2018. Check out their poster on page 4.



## STEM Exhibition at Queen Elizabeth Olympic Park

"The STEM exhibition was good education as it taught us about the way electricity is generated and its means of distribution around the world."



**O**n Friday 6<sup>th</sup> July 2018 Lantern of Knowledge School, Years 7 to 9, went to the STEM exhibition at the Queen Elizabeth Olympic park in Stratford.

We went to the STEM exhibition to learn about science technology economics and media.

The STEM exhibition was good education as it taught us about the way electricity is generated and its means of distribution around the world.

The exhibition was organised by Shell, a global oil and energy supplier.

At the STEM exhibition we carried out science experiments on how you can run a car with salt water. We also played

games about science. For example there was one game where you're in a chamber and there are lots of little soft balls. Each set of balls stand for carbon dioxide. In the game we had to pick up as much carbon dioxide as possible and put it in a tube and see who could get the most balls in the tube.

Personally I enjoy science lessons as I like to play with electricity. I like putting things together and I like technology as I like how technology has progressed so much over the years. If you look back 80 years ago there were no iPad or iPhone or Gameboy so to see the way products are being invented is cool.

Also at the Shell eco-marathon we watched the way cars with very little petrol, can travel far and fast using ergonomics as the cars are made in a way that it does not cause pollution, so watching that was really fun.

by Yusuf A. (Yr 8)



Students exploring terrific technology at Stratford, STEM.

## Citizenship : Online Safety Lessons by Guest Teacher

**O**n the 17<sup>th</sup> and 19<sup>th</sup> of April, Year 9 had a visit from Mr Sean Thompson. He works Waltham Forest Council and teaches at many schools around the borough. Mr Thompson took over both of our citizenship lessons to speak to us about online safety. During our first lesson, we completed a survey which showed how many hours on typical school day we spend time online. Surprisingly, the average hours a day for a teenager is 4 hours! We also learnt how online material can be harmful and have serious consequences. Social media can be used for good reasons like socialising with friends and family, however there could be disadvantages like cyber bullying and child predators who may pretend to be someone they aren't.

Our 2<sup>nd</sup> lesson with Mr Thompson involved us watching a video of how a girl's life was ruined due to one stupid photo. She had a friend and decided to send pictures of herself to him online. These photos went all around the school on the internet, soon enough everyone knew about it from teachers to students to parents. If anyone searches her name in the future, these photos would show up making it very difficult for her to apply for jobs and university places.

Many people are victims of these actions which have devastating results; some people end up with mental health problems, some even commit suicide as they cannot take the pain of negative publicity. These lessons helped us understand that there are many risks online and everyone leaves a digital footprint online, we must be very careful and think

by Muhamed S. (Yr 9)

# Thrilling Thorpe Park Trip

“At first, I was kind of in doubt of going on Swarm but thanks to the support of the teachers, I fought my fears and made my way onto it.

**O**n Wednesday 11<sup>th</sup> July 2018 we left school at 8am on a wonderful and comfortable coach for our school day out at Thorpe Park. After a 2 hour journey we arrived at about 10am. As we arrived, the teachers led us into the park where we were greeted and given special school vouchers for use within the park.

After we entered, the teachers briefed us and showed us the meeting point at which we were expected to be at by 4:00 pm.

At this point everyone ran off into their groups towards their first ride of the day, the most common being Swarm. At first, I was kind of in doubt of going on Swarm but thanks to the support of the teachers, I fought my fears and made my way onto it.



the thrill.

After Nemesis, most of my group went off to eat, but I was not so hungry so instead I went on Detonator. Although the ride is extremely fast (both speed and time) it was fun. I then caught up with my group and we were all stumped, as we did not know where to go next. After a bunch of mix-ups and mistakes, we made a decision to re-visit Nemesis Inferno. I personally thought it was good idea to go on it again, as it was a good way to wrap up the trip.

Now that the time was coming to the end of the day we decided to take a quick trip to the shop before meeting up with the rest of the school.

We prayed our Zohar Salah on the grass near where the coach was parked, at a slightly later time of 4pm then boarded the coach once again for the return journey. We arrived back at school, very tired after a long day at 7.30pm. From what feedback I heard from most of my class, all enjoyed the trip and we hope to go again next year too.

by Muhammad C. (Yr 8)



Students enjoying a comfortable coach trip

Thankfully, Swarm had given me the adrenaline rush, which created a need for the thrill. After Swarm, my new group and I headed to cool down on the wettest ride in the park, Tidal Wave. The ride had totally drenched us and we then made our way to my favourite ride of the whole trip, Nemesis Inferno. The mix of loops and turns really quenched my thirst for



# DoE: Duke of Edinburgh Adventure

*“The duke of Edinburgh has helped countless young people’s lives on sometimes a difficult path to adulthood” HRH The Duke of Edinburgh*

**L**antern of Knowledge Year10 Students ventured on an expedition to the vast unknown as we fought through nature’s harshest conditions. For one weekend only we learnt what the true meaning of the “Great British Outdoors” was. Everything we needed for their overnight stay in Epping forest was all packed in one bag.

Our excursion began in Epping Train Station and as the pupils said goodbye to their mummies and daddies we set off with only a map, compass and respective rucksacks. From that moment forward it was an unsettling 6 hour walk to the campsite. The key to survival was the technical map reading ability and we definitely lacked in that area as we somehow ended up in Rushcroft College instead (CM16 H4W to be precise!). However Abdullahi M. made up for his expert knowledge of compass reading which lead the way to the campsite. For dinner we had to improvise and luckily there was a chef who goes by the name of Abdihafid A. (i.e. me!) who cooked up a storm of French sausage rolls with mini beef Sourir and pure guava juice. The budding excursionists then made our tents for the night.

It was a valuable experience and the voyagers thank the school who provided this rare lifetime experience.

by Abdihafid A. (Yr 10)



# SUMMER HOLIDAY PROGRAM 2018



## Walthamstow Leisure Centre sessions Summer 2018

All sessions cost £3 and are ages 5-13 years old unless stated:



FOOTBALL



TENNIS & CRICKET



Female Fitness (age 14+)



Boxercise



Multi-sports/Disability

## Cycling

Meet at **Low Hall Depot 12+** and must be competent road cyclist



	Monday	Tuesday	Wednesday	Thursday	Friday	Sunday
<b>WEEK 1</b> 23 <sup>RD</sup> - 29 <sup>TH</sup> JULY	11am - 1pm 	11am - 1pm  5pm - 7pm  5.30pm - 6.30pm 	11am - 1pm  1.15pm - 3pm 	11am - 1pm  6.15pm - 7.15pm 	11am - 1pm 	10am - 12pm  12.15pm - 2pm 
<b>WEEK 2</b> 30 <sup>TH</sup> JULY - 5 <sup>TH</sup> AUGUST	11am - 1pm 	11am - 1pm  5pm - 7pm  5.30pm - 6.30pm 	11am - 1pm  1.15pm - 3pm 	11am - 1pm  6.15pm - 7.15pm 	11am - 1pm 	10am - 12pm  12.15pm - 2pm 
<b>WEEK 3</b> 6 <sup>TH</sup> - 12 <sup>TH</sup> AUGUST		11am - 1pm  5pm - 7pm  5.30pm - 6.30pm 	11am - 1pm  1.15pm - 3pm 	11am - 1pm  6.15pm - 7.15pm 		10am - 12pm  12.15pm - 2pm 
<b>WEEK 4</b> 13 <sup>TH</sup> - 19 <sup>TH</sup> AUGUST		11am - 1pm  5pm - 7pm  5.30pm - 6.30pm 	11am - 1pm  1.15pm - 3pm 	11am - 1pm  6.15pm - 7.15pm 		10am - 12pm  12.15pm - 2pm 
<b>WEEK 5</b> 20 <sup>TH</sup> - 26 <sup>TH</sup> AUGUST		11am - 1pm  5pm - 7pm  5.30pm - 6.30pm 	11am - 1pm  1.15pm - 3pm 	11am - 1pm  6.15pm - 7.15pm 		10am - 12pm  12.15pm - 2pm 

For further information please email: [contact@salaampeace.org](mailto:contact@salaampeace.org)